

12 step study group of AA instructions/script

Please open the meeting 15 min (or more) prior to the hour. Check with co-hosts, assign responsibilities: posting readings, admitting, lowering hands, monitoring videos and chats, you need readers for 12 steps, 12 traditions, AA daily reading, 12 steps/12 traditions book or the Big Book of AA and the promises.

Begin admitting participants 15 min prior to the beginning of the meeting.

Announcements Prior to meeting:

This is an open meeting of AA, students and professionals from medical, therapy and counseling fields are welcome, they will not participate.

We have co-hosts who will assist in monitoring videos and the chat in this meeting in order to keep it a safe place for everyone. If you have questions or concerns, ask a co-host.

Our meeting is open to everyone, however if the actions of another participant is making you feel uncomfortable, please reach out to one of the co-hosts (privately in the chat).

In this meeting, we read the 12 steps, the 12 Traditions, today's Daily Reflection and several paragraphs from either the Big Book or the step which we are on in the 12 Steps and 12 Traditions. This evening we are on page____, or step____, page____.

We start the meeting with everyone muted.

After the readings, if you would like to share, click on the **reactions** icon in the list of participants. If you are joining us with your phone, click on “more” at the bottom of your screen. I will allow you to unmute when it is your turn to share.

At 3 minutes, first I will give the wrap it up signal, then ask you to finish your share, thank you for sharing and call the next in line. Please confine your sharing to the topics in the readings, AA and the Daily Reflections or your alcoholism. In accordance with the 10th tradition, AA has **no opinion on outside issues**.

We request that you refrain from crosstalk as defined by AA: “ **Crosstalk is giving advice to others who have already shared, speaking directly to another person rather than to the group and questioning or interrupting the person speaking at the time**”.

If crosstalk occurs, We will remind you of this policy. Also, when we are talking before and after the meeting, please don't speak about other members who are not there and speculate about how they are doing and if they are sober.

Online meetings in and of themselves do not infringe on our principles of anonymity or any other Traditions. It is the actions of the individual that may cause harm to themselves, to others or to AA. So, what and who you see here, what you hear here, let it stay here.

To keep this a safe meeting, we request that you:

Turn on your video when you share, at least briefly, so we can identify you.

DO NOT post phone numbers or emails in the general chat. If you wish to contact someone specifically in the meeting, click on that person's name to use private chat. Please use your first name only as a participant.

Halfway through the meeting, the verification form will be posted in the chat for those who need proof of attendance. The chat bubble is at the bottom of your screen. Click or tap on the verification form link to receive an email reply regarding your attendance.

The fellowship after the meeting will be open for approx.15 minutes at which time you can unmute yourself, share, **ask questions about sponsorship** and catch up with your friends.

Finally, check out the 12 step study group webpage for free literature, including what we are reading this evening, recovery tapes, information for the newcomer and how to sign-up for service positions for this meeting.

In accordance with the 7th tradition, AA is fully self-supporting, yet we do have expenses. Donations can be made to AA by clicking on the 7th Tradition link on the 12 Step Study Group website.

All of the 12 Step Study Group meetings are posted on the website; to enter a meeting, click on that particular chip. We have a nightly Book Study meeting. Other meetings are: The Steps We Took; Joe and Charlie Book Study; 4:00 pm Pacific, 7:00 pm Eastern time, Monday. A women's meeting, Men's Meeting and an 11th Step Meditation meeting.

Before or after the announcements:

Is there anyone who is new to AA or new to this meeting who would like to introduce themselves by their first name so we can welcome you?

Meeting:

Good evening everyone and welcome to the 12 Step Study Group of AA. My name is _____ and I am an alcoholic. This is an entirely virtual meeting, participants are from the US, Canada and other locations throughout the world. (Many participants have made this meeting their home group since it began in March 2020). This is an open meeting of AA.

Please join me (for a moment of silence for the still suffering alcoholic in and out of the meetings followed by) the **Serenity Prayer**

Preamble

12 Steps

12 Traditions

Daily Reflections

12 and 12

(again, we ask that you confine your shares to the readings, your alcoholism and recovery and shares will be limited to three meetings as this is typically a large meeting.

Shares

End of meeting:

Promises

Unmute everyone for Serenity Prayer

Thank you everyone for a wonderful meeting

Open informal chat, participants can unmute

You can now unmute yourself, however, please keep your microphone off unless you wish to share, in order to avoid background noise.